



From everyday stress to life's biggest challenges ...we can help

Employees and family members can call **Coastline EAP** for a confidential consultation or support anytime, day or night.



We all have times when we worry about our work, family, or personal life. Sometimes our lives are more stressful than other times, and it's only natural that we may need someone to talk with or a referral to a reliable resource.



1-800-445-1195 | 401-732-9444



www.coastlineeap.com

Coastline EAP's services are **available to all employees of contracted employers and their family members**, regardless of where they live.

We address the following concerns:

- Mental Health
- Substance Use
- Grief/Loss
- Trauma
- Legal Worries
- Financial Matters
- Workplace Conflict
- Eldercare
- Childcare
- Parenting Issues
- Relationship Conflict and more...

Call 1-800-445-1195, (available 24/7), to speak with a Coastline EAP master's level counselor. The counselor will:

- provide assessment, consultation, and support,
- assist you in developing an action plan, and
- identify and connect you with available services.

Up to six sessions with an EAP counselor are available per issue, per year for short-term problem resolution.

If outpatient treatment is recommended and accepted, the EAP counselor will:

- research and help access the best services,
- confirm insurance-covered options, and
- offer ongoing support.

Visit www.coastlineeap.com for additional information about EAP services and access to work-life and wellness resources.

Login: Your Employer's Name

Coastline EAP maintains strict adherence to State and Federal laws, including HIPAA, governing the confidentiality of medical records and communication of personal health information. All records are kept in locked files in the custody of Coastline EAP and cannot be accessed by your employer.

