



WEBINARS ON-DEMAND IN 2021

On-line Webinar Center

Every month we offer on-demand webinars on a variety of work, life, and wellness topics. Please visit our Webinar Center at www.coastlineeap.com to learn more about these trainings.

Don't worry if you miss a particular month's topic as all of the webinars will be archived on the website.

For your convenience we offer webinars with or without a certificate of completion. If you do need a certificate, please make sure to select a webinar that offers a certificate.



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January – What Stress and Diet Have in Common

February – Calm Down with Meditation and Relaxation

March – Stress Relief for Caregivers

April – Living Debt-Free

May – Healthy Connections

June – Innovative Decision-Making

July – Respect at Work

August – Social Media for Parents

September – Bullying at Work

October – Building Effective Teams

November – Reclaim Your Joy

December – How to Have Difficult and Sensitive Conversations

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