

In 1993 NEFI established a partnership with Coastline EAP to provide exceptional EAP services to all NEFI member companies and their employees. Coastline services are provided at a discounted rate to NEFI members. Once your company is enrolled in the Coastline benefit program, there are no additional cost for Coastline EAP services to your employees.

For more information about NEFI contact: benefits@nefi.com



EMPLOYEE ASSISTANCE FROM COAST TO COAST

# In partnership with



## **Employee Guide**

Employees and family members of NEFI member organizations can call Coastline **EAP** for confidential consultation or support anytime, day or night.

We all have times when we worry about our work, family or personal life. Sometimes our lives are more stressful than other times, and it's only natural that we may need someone to talk with now and then, or a referral to a reliable resource.

### **Coastline EAP is Easy to Use**

Simply call and identify yourself as an employee or the family member of an employee. A consultant will take your call and listen to your concerns. Whether you have a question about services and resources or you are in the midst of a crisis, we welcome your call. You and your family members may use our services as often—and for as many different reasons—as needed.



300 Centerville Rd., Suite 301 South Warwick, RI 02886-0219 401-732-9444

Call toll-free: 1-800-445-1195

Visit our website: www.coastlineeap.com



#### **How Does It Work?**

Simply call toll-free **1-800-445-1195** 24 hours/7 days a week.

#### What Concerns Does the Service Cover?

Grief

• Childcare

Stress

• Eldercare

Anger

Financial Worries

Anxiety

Legal Matters

Addictions

• Relationship Conflicts

Depression

Certified DOT SAP

#### How Do You Access the Web-Site?

Log on to **www.coastlineeap.com**, *user* name: Your Employer's Name for information about EAP services, health topics, monthly newsletter and a link to access e-mail to request service.

#### Who Can Use the Services?

Coastline EAP is available to all employees of contracted employers and their family members, regardless of where they live.



### What Happens When You Call?

#### A Coastline EAP consultant will:

- Ask the reason for your call.
- Offer to speak to you then, or at a time you prefer.
- Provide assessment and consultation and suggest helpful steps to address any urgent matters.
- Assist you to develop an action plan to address your concerns.
- Research and link you with available community services.

## If counseling or additional treatment services are recommended, the consultant will:

- Research the best options and help arrange for those services.
- Clarify insurance coverage and covered options and seek sliding-scale services if needed.
- Identify crisis services quickly.
- Offer ongoing support and assistance.

#### Is It Confidential?

Coastline EAP maintains strict adherence to State and Federal laws, including HIPAA, governing the confidentiality of medical records and communication of personal health information. All records are kept in locked files in the custody of Coastline EAP and cannot be accessed by your employer.



NEFI Benefits Administrator Emily Lawrence 1-617-924-1000 benefits@nefi.com

